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Vegan - Das Kochbuch Jean Christian July 2017-10-06

Leon: Baking & Puddings Henry Dimbleby 2013-02-01 'Leon is the future.' - The Times Claire Ptak, co-author of Leon: Baking & Puddings, baked Prince Harry and Meghan Markle's wedding cake. Leon: Baking & Puddings contains more than 100 sweet and savoury recipes for all occasions, all year round, for everyone from the novice cook to the baking aficionado. Following the Leon principle that what tastes good can also do you good, three-quarters of the recipes are sugar, dairy, wheat or gluten free - so there's plenty to indulge in even if you have a food allergy, an intolerance or one eye on your waistline. Contains recipes for every day to enjoy as often as you like, such as granolas, cakes, breads and pizzas, as well as recipes for all sorts of special occasions, from birthdays and Christmas to weddings and even funerals. Flourless chocolate fudge cake, toffee apples, caramelized onion and olive tart, plum ice-cream - there is something in here to tickle every fancy.

The Leon Recipe Book Leon Restaurants Ltd 2018-10-17 Leon, the home of naturally fast food, has created a collection of free recipes for you to cook at home. Featuring recipes from across their range of cookbooks, including the recently released Happy One Pot, this free

sampler has a recipe for every occasion whether it's a quick and easy breakfast, lunch, a heartwarming dinner or tasty dessert. Leon have handpicked some of their favourites to share with you to celebrate 10 years of award-winning cookbooks. Includes recipes from Fast & Free, Happy One Pot, Happy Soups, Happy Salads, Family & Friends, Ingredients & Recipes, Naturally Fast Food, Baking & Puddings and Fast Vegetarian.

Happy Leons: Leon Happy One-pot Vegetarian Rebecca Seal 2022-03-03 LEON are back with a collection of more than 100 fuss-free, full-of-flavour recipes for vegetarian and vegan main course dishes that you can create with only one cooking pot, pan or baking tray. Enjoy simple-to-follow, satisfying recipes that are perfect for any occasion, whether you are looking for a mid-week supper, a quick weekend lunch or something impressive (but easy) for friends or family. From fiery tray bakes to comforting casseroles, LEON Happy One-pot Vegetarian is all about the food and not the washing up. Chapters include Lunchy Brunchy, Fast & Easy, Food for Friends, Light & Simple and Slow & Hearty.

Little Leon: Sweet Treats Leon Restaurants Limited 2015-09-03 Wholesome, yummy.... joyously healthy. - Sunday Times Leon is renowned for its ethos of healthy fast food. So there's no need to feel guilty for indulging in the sweet treats in this collection of recipes from

Leon's award-winning cookbooks. Treats such as Spelt Pancakes, Roasted Peaches, Clementine Polenta Cake and the vegan Good Chocolate Cake both taste good and do you good!

Happy Leons: Leon Happy Fast Food Rebecca Seal 2020-05-28 'Cook yourself healthy and happy!' - the Sunday Telegraph From the very beginning, LEON has asked the question: why can't fast food be delicious and good for you? Well, it can - this book is packed with the quickest recipes from around the world that have been given a healthy-but-flavourful LEON spin. From burgers to baguettes, pizza to pasta and wraps to (jack)wings, Leon Happy Fast Food offers 100 recipes organized into five sections: Breads & Buns, Salads, On the Hob, Grilled & Baked, Sides, Sauces & Rubs and Sweets & Shakes.

Happy Leons: Leon Happy Curries Rebecca Seal 2019-10-03 The latest book in the LEON Happy series - more than 250,000 copies in print. LEON, the home of naturally fast food, have turned their hand to creating a collection of curries - more than 100 new recipes inspired by dishes from Sri Lanka, India, Thailand and Burma, as well as Kenya, Somalia and the Caribbean. Find fiery, speedy, warming or creamy curries, plus everything you might want on the side, from fluffy flatbreads and perfect rice to crunchy relishes, garlicky greens and tangy pickles. If you want fast fixes with easy wins from a supermarket, or something more fancy for when you have a little more time, you will find them all here. Includes Sri Lankan jackfruit and vegetable curry, Kashmiri lamb rogan josh, Skinny salmon and coconut curry and Katsu chicken curry as well as tasty side dishes and tips for speedy curries and ingredient swaps.

Leon: Leon Fast & Free Jane Baxter 2017-01-12 'LEON was the first restaurant on the high street to pay attention to a new way of eating - championing gluten-, dairy- and sugar-free food. We've always done it. It's always done us and our customers good. Now it's time to stop it being a secret.' - John Vincent, LEON co-founder Each recipe in this beautiful cookbook is completely gluten-, dairy- and refined sugar-free, with many following a 'paleon' formula (LEON's version of Paleo). From recipes for gluten-free Spaghetti Vongole to chocolate beetroot cake,

breakfast dahl to chicken and olive tagine, this book contains recipes for every meal of the day and every occasion, and proves that a free-from menu can be utterly delicious. ** Newly revised and improved ebook edition, optimized for both small- and large-screen devices **

Leon - backen Henry Dimpleby 2012 Attraktiv gestaltetes Backbuch mit einfachen Rezepten, die sich schnell zubereiten lassen.

Little Leons: Little Leon: Lunchbox Leon Restaurants Ltd 2015-09-03 'Wholesome, yummy.... joyously healthy.' - Sunday Times If there isn't yet a LEON restaurant near you, you will love this collection of recipes for your lunches from LEON's award-winning cookbooks. Tasty, healthy and easy to prepare in advance, these meals - such as Chard & Bacon Tart; Bean, Fennel & Feta Salad or Egyptian Falafels - are sure to liven up your lunchtime.

Leon Fast Food. Vegetarisch Jane Baxter 2014-03-13

Happy Leons: Leon Happy Guts Rebecca Seal 2021-06-24 *** 'So excited to get cooking with Rebecca Seal's new book LEON Happy Guts! Some incredible microbiome-friendly recipes!' Professor Jack Gilbert, PhD, world-renowned microbiome scientist at the University of California San Diego LEON was founded on the principle of nourishing the soul with food that nourishes the body - making us happy as a result. In the latest book in the bestselling LEON Happy series, the LEON team have created more than 100 recipes on eating for a happy, healthy gut and a boosted immune system. This is not about eating a restrictive diet or depriving yourself of delicious food, but instead incorporating gut-friendly ingredients into your daily diet with recipes loaded with fibre, live microbes, omega-3 and the colours of the rainbow - but less sugar. In addition to recipes, LEON Happy Guts offers the latest advice on improving your gut health, including why we should all use extra virgin olive oil in abundance and how wine and cheese might actually be good for you.

LEON Baking & Desserts Claire Ptak 2012-04-11 LEON Baking & Desserts is a gorgeously-packaged book from the successful, healthy fast-food restaurant chain LEON in Europe. Following LEON's founding principle that what tastes good can also do you good, three quarters of

the recipes are sugar, dairy, wheat or gluten free - so there's plenty to indulge in even if you have a food allergy, an intolerance or one eye on your waistline. LEON Baking & Desserts is a two-part family cookbook, with one half devoted to everyday delights like granolas, cakes, breads, pizzas, and the second half, special occasion indulgences like flourless chocolate fudge cake, toffee apples, caramelized onion and olive tart, and plum ice-cream!

Leon: Fast Vegetarian Henry Dimbleby 2014-05-12 'Leon is the future' - The Times Sales of meat-free products now make up almost 60 per cent of LEON's sales. Leon: Fast Vegetarian enables you to make the most of the fresh vegetables available in markets, allotments, veg boxes and supermarkets. The philosophy at the heart of this book is about cooking and eating delicious, healthy fast food made from sustainable ingredients. Eating less - or no - meat has become key to the way many of us cook and this collection of more than 150 really simple, really fast recipes, is a treat for vegivores everywhere. The first part of the book offers Star Turns, those vegetable-based dishes that can stand alone as a whole meal, with ideas for Breakfast & Brunch, Pasta, Grains & Pulses, Pies & Bakes, Rice & Curry and Kids while the second part, Supporting Cast, explores accompaniments and smaller plates with chapters on Grazing Dishes, Sides, and Pickles, Salsas, Chutneys & Dressings.

Little Leon: Brownies, Bars & Muffins Leon Restaurants Limited 2013-04-01 A great breakfast or brunch has always been at the heart of the Leon experience and this irresistible compact collection of naturally fast recipes will make your tastebuds sing. From a Breakfasty Banana Split and a Mini Knickerbocker Glory to luxurious wheat-free Saturday Pancakes, every day will get off to a fabulously energetic Leon-style start.

Happy Leons: Leon Happy Baking Henry Dimbleby 2019-07-11 With more than 100 sweet and savoury bakes, LEON Happy Baking contains recipes for everyone, from the novice cook to the expert baker. Following the LEON principle that what tastes good can also do you good, many of the recipes are sugar-, dairy-, wheat- or gluten- free - so there's plenty to indulge in even if you have a food allergy, an intolerance or an eye on

your waistline. New recipes from the LEON menu are combined with favourites from the classic cookbook, LEON Baking & Puddings, now with fresh photography.

Mexiko-Das Kochbuch Margarita Carrillo Arronte 2015-09-14

Leon Fast & Free Jane Baxter 2016-12-12 ****FREE SAMPLER**** 'LEON was the first restaurant on the high street to pay attention to a new way of eating - championing gluten-, dairy- and sugar-free food. We've always done it. It's always done us and our customers good. Now it's time to stop it being a secret.' - John Vincent, LEON co-founder Take a sneak peak at Leon: Fast & Free before it publishes in January. Each recipe in this beautiful cookbook is completely gluten-, dairy- and refined sugar-free, with many following a 'paleon' formula (LEON's version of Paleo). From recipes for gluten-free Spaghetti Vongole to chocolate beetroot cake, breakfast dahl to chicken and olive tagine, this book will contain recipes for every meal of the day and every occasion. With this exclusive free sampler discover recipes that prove that a free-from menu can be utterly delicious.

A Modern Way to Eat Anna Jones 2015-10-12 Raffiniert leichte vegetarische Küche! Bewusst genießen, ohne stundenlang am Herd zu stehen - Anna Jones' leichte, frische Rezepte passen perfekt zur modernen Lebensweise. Ihre raffinierten Kreationen erkunden die Vielfalt des saisonalen Angebots und bieten neue Geschmackserlebnisse. So bringt sie einen neuen Dreh in die vegetarische Küche mit Gerichten, die gesund und lecker sind, satt und einfach glücklich machen, wie: • Blaubeer-Amaranth-Porridge für einen guten Start in den Tag, • Rote-Bete-Curry mit Hüttenkäse zum Lunch, • Safran-Ratatouille zum Abendessen, • jede Menge Ideen für Desserts, Kuchen, Brot und Chutneys, • und zahlreichen veganen und glutenfreien Alternativen. Einfach gut essen!

Greenfeast: Herbst / Winter Nigel Slater 2020-11-20 »Nigel Slater ist ein gottverdammtes Genie!« Jamie Oliver Über 110 vegetarische Rezepte für Herbst und Winter von Großbritanniens Kultkoch Nigel Slater. Einfach, schnell und kompromisslos geschmackvoll - ideal für Menschen, die weniger Fleisch essen wollen. Ab Herbstbeginn sehnen wir uns nach

Nahrung, die sowohl verwöhnend als auch wärmend, gehaltvoll und zutiefst befriedigend ist. Essen, das uns bei dem nasskalten Wetter gesund hält und für gute Laune sorgt. ›Greenfeast. Herbst/Winter‹ enthält über 110 einfache vegetarische Rezepte, die meist in unter 30 Minuten zubereitet sind. Wärmende Suppen wie die mit Tahin, Sesam und Butternuss-Kürbis oder köstliche Crumbles aus Porree, Tomate und Pecorino. Die abwechslungsreichen Gerichte feiern wie in ›Greenfeast. Frühling/Sommer‹ die pflanzliche Küche: Simpler Blätterteig gefüllt mit Käse und Gemüse, eine herzhafte Tarte aus Schalotten, Äpfeln und Parmesan, sanfte Polenta mit Knoblauch und Champignons, feurige Udon-Nudeln mit Tomaten und Chili, cremiger Milchreis mit Rosenwasser und Aprikosen machen richtig Lust auf die kalte Jahreszeit.

Leon Fast Vegan John Vincent 2018-12-27 NO MEAT, ONLY PLANTS A cookbook for vegans and anyone who wants more plants in their life, LEON Fast Vegan is all about delicious food, which just happens to be vegan. Whether you are looking for breakfasts or party food, weekday suppers or ambitious feasts, there is something here for everyone. With 200 recipes, the book is packed with everything from breakfast and brunch dishes to sharing plates and party food, via quick suppers and slow-cooked recipes, and masses of sauces, dressings and nourishing sides, with a generous serving of desserts, cakes, ices and drinks to round off your meal. As ever, healthy fast food chain LEON takes inspiration from around the world, with recipes for vegan sushi, Mexican tacos, Vietnamese pancakes and American burgers. The emphasis throughout is on great flavour and keeping things simple.

The Accidental Apostrophe Caroline Taggart 2017-10-19 Sunday Times bestselling author Caroline Taggart brings her usual gently humorous approach to punctuation, pointing out what really matters and what doesn't. In Roman times, blocks of text were commonly written just as blocks without even wordspacingnevermindpunctuation to help the reader to interpret them. Orators using such texts as notes for a speech would prepare carefully so that they were familiar with the content and didn't come a cropper over a confusion between, say, therapists and the rapists. As we entered the Christian era and sacred texts were widely

read (by priests if not by the rest of us), it became ever more important to remove any likelihood of misinterpretation. To a potential murderer or adulterer, for example, there is a world of difference between 'If you are tempted, yield not, resisting the urge to commit a sin' and 'If you are tempted, yield, not resisting the urge to commit a sin'. And the only surface difference is the positioning of a comma. So yes, you SMS-addicts and 'let it all hang out' Sixties children, punctuation does matter. And, contrary to what people who tear their hair out over apostrophes believe, it is there to help - to clarify meaning, to convey emphasis, to indicate that you are asking a question or quoting someone else's words. It also comes in handy for telling your reader when to pause for breath. Caroline Taggart, who has made a name for herself expounding on the subjects of grammar, usage and words generally (and who for decades made her living putting in the commas in other people's work), takes her usual gently humorous approach to punctuation. She points out what matters and what doesn't; why using six exclamation marks where one will do is perfectly OK in a text but will lose you marks at school; why hang glider pilots in training really need a hyphen; and how throwing in the odd semicolon will impress your friends. Sometimes opinionated but never dogmatic, she is an ideal guide to the (perceived) minefield that is punctuation. By the same author: 9781843176572 My Grammar and I (Or Should That Be 'Me?') 9781782432944 500 Words you Should Know

Love to share - Liebe ist die halbe Miete Beth O'Leary 2019-04-01 Not macht erfinderisch: Tiffy braucht eine günstige Bleibe, Leon braucht dringend Geld. Warum also nicht ein Zimmer teilen, auch wenn sie einander noch nie begegnet sind? Eigentlich überhaupt kein Problem, denn Tiffy arbeitet tagsüber, Leon nachts. Die Uhrzeiten sind festgelegt, die Absprachen eindeutig. Doch das Leben hält sich nicht an Regeln ... *LEON. Gutes Bauchgefühl* Rebecca Seal 2021-11-12

Leon: Naturally Fast Food Henry Dimpleby 2015-08-01 'The dream is to bring really good food at a good price to as many people as possible. It makes Leon sound like a new religion. If so, it's one that can count our judges as among its growing congregation of worshippers.' - Observer Food Monthly Awards The first Leon restaurant, on London's Carnaby

Street, opened its doors in July 2004, aiming to change the face of fast food by bringing fresh, wholesome cooking to the high street. Since then Leon has grown to more than 55 restaurants, including in Washington DC. Leon's food message is a simple and honest one that hasn't changed since the opening of that first branch - cook and eat with the best ingredients available and don't forget the naughty bits that are necessary for a fully-rounded life. Leon Naturally Fast Food is a book of two halves. The first is Fast Food, which contains recipes for every occasion that take a maximum of 20 minutes to prepare: from a work day breakfast and children's meals to simple suppers and party food. The second half is Slow Fast Food, which contains meals that can be made in advance when you have the time, to enjoy when you don't. The wide range of recipes will satisfy both the experienced cook and the culinary adventurer in search of inspiration.

Little Leon: Fast Suppers Leon Restaurants Limited 2014-10-06

Wholesome, yummy.... joyously healthy. - Sunday Times The Leon motto is 'naturally fast food', and this bite-sized collection is full of ideas for quick-to-table suppers. From Natasha's Chicken Fajitas and Tom's Red Pesto Surprise to the Perfect Pepper Steak, each tasty, healthy and fast recipe will take you less than 30 minutes to prepare. Quick desserts such as Henry's Salted Caramel Bananas are also included.

Leon Happy Curries Rebecca Seal 2019-11-05 The latest book in the LEON Happy series - 95,000 copies sold. LEON, the home of naturally fast food, have turned their hand to creating a collection of curries - more than 100 new recipes inspired by dishes from Sri Lanka, India, Thailand and Burma, as well as Kenya, Somalia and the Caribbean. Find fiery, speedy, warming or creamy curries, plus everything you might want on the side, from fluffy flatbreads and perfect rice to crunchy relishes, garlicky greens and tangy pickles. If you want fast fixes with easy wins from a supermarket, or something more fancy for when you have a little more time, you will find them all here. Includes Sri Lankan jackfruit and vegetable curry, Kashmiri lamb rogan josh, Skinny salmon and coconut curry and Katsu chicken curry as well as tasty side dishes and tips for speedy curries and ingredient swaps.

Leon. Fast & Free Jane Baxter 2017-05-19

Happy Leons: LEON Happy Soups John Vincent 2017-10-05 ***
'Souping - the new juicing' - the Telegraph - Following the success of Leon Happy Salads - more than 60,000 copies sold - the Leon team is back, this time with delicious warming soups that are a meal in themselves. Leon, the home of naturally fast food, has created a collection of more than 100 all-new, all-smiles soup recipes for Comforting, Naturally Fast, Bright & Fresh, Posh and Sweet Soups, plus those all-important Sides and Crunchy Tops & Swirly Swirls. Whether you're looking for a simple soup to take to work or something more elaborate for supper with friends, this book has the answer, with straightforward yet delicious recipes for all occasions.

Mein Name ist Leon Kit de Waal 2016-05-30 Leon ist neun und ziemlich dunkelhäutig, sein Halbbruder Jake dagegen ganz blond und erst sechs Monate alt. Als ihre Mutter Sandra mal wieder richtig Pech mit einem Kerl hat, bleibt sie einfach im Bett liegen. Und Leon muss sich um Jake kümmern, ihn wickeln, etwas zu Essen besorgen. Das fliegt natürlich irgendwann auf, das Sozialamt schaltet sich ein. Es bringt die beiden Jungs erst einmal bei Pflegemutter Maureen unter: übergewichtig, rothaarig, etwas nah am Wasser gebaut - man muss sie schon ein bisschen kennenlernen, um zu merken, was für ein riesengroßes Herz Maureen hat. Bald findet sich auch eine richtige Adoptivfamilie. Allerdings nur für Jake, denn der ist ja klein und blond. Leon weiß nicht mehr ein und aus vor Schmerz. Und er fasst einen Plan. Einen gefährlichen Plan, in diesem heißen Londoner Sommer 1981 ...

Happy Leons: LEON Happy Salads Jane Baxter 2016-06-02 Leon was founded on the twin principles that food can both taste good and do you good. In this book, Leon authors Jane Baxter and John Vincent bring together 100 recipes for fresh, vibrant, delicious salads that will have you feeling healthy and happy. Divided into chapters that include Classics, Naturally Fast, Salads for Friends, Family Salads and Lunchbox, this book contains salads for all tastes and all occasions. Whether you're looking for a bright salad with which to dazzle your friends, or a simple salad to take to the office, this book is a must-have

kitchen staple. Recipes include: Pink Quinoa Salad Polish Herring Salad Ham Hock and Lentil Salad Vietnamese Chicken Salad with Rice Noodles Courgetti with Pesto and Grated Ricotta Salata Bacon Fried Corn with Greens, Pork and Crisp Sweet Potato Black Rice Salad with Peas, Egg and a Curry Dressing Asparagus, Couscous, Feta & Orange Leon Original Superfood Hot-smoked Salmon, Beetroot, Horseradish & Dill *Leon Breakfast and Brunch* Leon Restaurants 2013-09-03 A great breakfast or brunch has always been at the heart of the Leon experience and this irresistible compact collection of naturally fast recipes will make your taste buds sing. From a Breakfasty Banana Split and a Mini Knickerbocker Glory to luxurious wheat-free Saturday Pancakes, every day will get off to a fabulously energetic Leon-style start.

Leon Happy Guts Rebecca Seal 2021-06-10 LEON, the home of healthy fast food, brings you more than 100 simple, colorful, delicious new recipes to recharge your gut and transform your health LEON was founded on the principle of nourishing the soul with food that nourishes the body - making us happy as a result. In the latest book in the bestselling LEON Happy series, the LEON team have created more than 100 recipes on eating for a happy, healthy gut. It is not about eating a restrictive diet or depriving yourself of delicious food, but about incorporating gut-friendly ingredients into your daily diet with recipes loaded with natural probiotics, prebiotics and polyphenols. In addition to recipes, LEON Happy Gut Cooking offers the latest advice on improving your gut health, including why we should all use extra-virgin olive oil with abandon and that wine and cheese might actually be good for you. Leon Happy One-pot Rebecca Seal 2018-10-02 Leon, the home of naturally fast food, has created a collection of more than 100 fuss-free, full-of-flavor recipes for main course dishes that you can create with only one cooking pot, pan or baking tray. Whether you are looking for a simple mid-week supper, a quick weekend lunch or something impressive (but easy) to serve to friends, this book has the answer. From one-pan pastas to warming tagines, fragrant tray-baked fish and veg to Asian-inspired stir-fries, Happy One Pot is all about the food and not the washing up. Includes recipes that are Naturally Fast, Fresh & Easy, Cosy

& Warm, Posh, Low & Slow and Simple Suppers.

Little Leon: Breakfast & Brunch Leon Restaurants Limited

2013-04-01 A great breakfast or brunch has always been at the heart of the Leon experience and this irresistible compact collection of naturally fast recipes will make your tastebuds sing. From a Breakfasty Banana Split and a Mini Knickerbocker Glory to luxurious wheat-free Saturday Pancakes, every day will get off to a fabulously energetic Leon-style start.

Leon Jane Baxter 2017-02-07 'LEON was the first restaurant on the high street to pay attention to a new way of eating - championing gluten-, dairy- and sugar-free food. We've always done it. It's always done us and our customers good. Now it's time to stop it being a secret.' - John Vincent, LEON co-founder Each recipe in this beautiful cookbook is completely gluten- and dairy-free, with some formed from a paleo diet. From recipes for gluten-free Spaghetti Vongole to chocolate beetroot cake, breakfast dahl to chicken and olive tagine, this book contains recipes for every meal of the day and every occasion, and proves that a free-from menu can be utterly delicious.

Leon - Familie & Freunde Kay Plunkett-Hogge 2013-10-08

León : recetas fast & free : rápidas, sin gluten, sin lácteos ni

azúcares refinados Jane Baxter 2017 'LEON was the first restaurant on the high street to pay attention to a new way of eating - championing gluten-, dairy- and sugar-free food. We've always done it. It's always done us and our customers good. Now it's time to stop it being a secret.' - John Vincent, LEON co-founder Each recipe in this beautiful cookbook is completely gluten-, dairy- and refined sugar-free, with many following a 'paleo' formula (LEON's version of Paleo). From recipes for gluten-free Spaghetti Vongole to chocolate beetroot cake, breakfast dahl to chicken and olive tagine, this book contains recipes for every meal of the day and every occasion, and proves that a free-from menu can be utterly delicious.

A Modern Way to Cook Anna Jones 2017-03-20 Vegetarisch kochen muss nicht kompliziert sein! Anna Jones, der Shootingstar der vegetarischen Küche, stellt 150 schnelle Rezepte vor, die im Handumdrehen zubereitet

sind und einfach köstlich schmecken. Ihre raffinierten Gerichte für jeden Tag sind in nur 15, 20, 30 oder 40 Minuten auf dem Tisch. Dazu gibt es jede Menge schnelle Frühstücksideen, Desserts und Rezepte für die Vorratsküche. Unkomplizierte Zubereitung, unglaublicher Geschmack - so kocht man heute!

Happy Leons: LEON Happy One-Pot Cooking Rebecca Seal 2018-10-04
Leon, the home of naturally fast food, has created a collection of more than 100 fuss-free, full-of-flavour recipes for main course dishes that you

can create with only one cooking pot, pan or baking tray. Whether you are looking for a simple mid-week supper, a quick weekend lunch or something posh (but easy) to serve to friends, this book has the answer. From one-pan pastas to warming tagines, fragrant tray-baked fish and veg to Asian-inspired stir-fries, Happy One-pot is all about the food and not the washing up. Includes recipes that are Naturally Fast, Fresh & Easy, Cosy & Warm, Posh, Low & Slow and Simple Suppers.